



# NeuroBloom Speech Pathology



## NOVEMBER NEWSLETTER

### Clinic shutdown over Holidays

The clinic will be closed from the 19th of December till the 12th of January 2025.

There will be no sessions during this period.

The clinic will reopen on the 13th of January.



Do you know anyone in need of speech pathology assessment?

NeuroBloom will be running assessments in January before school returns.  
Email us to secure a spot!

### Listen here



### Podcast Episode: ARFID Intervention

In this episode we look at neurospicy approved approaches to intervention for ARFID - Avoidant Restrictive Food Intake Disorder.

## Podcast Episode: Perfectionism

In this episode we discuss how being a perfectionist is a common trait among the neurospicy and how this can lead to side quests, procrastination and self doubt. We discuss some ideas that can help you understand and overcome perfectionism in yourself and your children.



## 2025 UPDATES

In 2025 there will be a number of changes to the clinic. Our premises will be relocating from 23 Balfour Street in Culcairn due to the closure of the Culcairn Medical Centre. We will provide updated with our premises in future.

We will be running a number of holiday programs in during January prior to back to school. More information about the holiday programs will be provided soon.

## Follow us on social media



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